#### Our mission



The Guide Dog Foundation seeks to improve the quality of life for people who are blind or visually impaired or who have other special needs.



#### Helmets are required for all riders.

- Picnic from 11 a.m. to 4 p.m.
- **\*** Music
- \* Raffle prizes
- Tour our campus and learn about the Guide Dog Foundation
- Riders who raise \$75 and \$175 or more will receive exclusive gifts
- Puppies to pet!

# Bike-A-Thon Sponsors

Suffolk Bicycle Riders Association

www.sbraweb.org

Campus Bicycle & Fitness
Carl Hart Bicycles
Cycles Plus

If you have any questions, please call 631-930-9000 or e-mail info@guidedog.org.



371 East Jericho Turnpike, Smithtown, NY 11787 (631) 930-9000

www. Guide Dog. org

Follow us on:

Facebook.com/GuideDogFoundation



# 23<sup>rd</sup> Annual Second Sight<sup>®</sup> Bike-A-Thon

Sunday, September 9, 2012

to benefit



Leaving from our campus at 371 E. Jericho Turnpike, Smithtown, NY 11787

Rain or Shine

## About the Bike-A-Thon

## September 9, 2012

The 23rd Annual Second Sight® Bike-A-Thon is a tour of Long Island's North Shore to benefit the Guide Dog Foundation for the Blind®.

Leaving from our campus in Smithtown, NY, rides range from a 5-mile fun ride to a challenging 65 miles. Depending on the length of the route, riders will tour St. James, Head of the Harbor, Stony Brook, Old Field, Port Jefferson, Belle Terre, and points east.

The 5-, 10-, 20-, and 30-mile tours are escorted by volunteer marshals from the Suffolk Bicycle Riders Association (SBRA). The 50- and 65-mile tours are unescorted. All riders are provided with cue sheets, and roads are marked along the route.

Emergency support vehicles (SAG) can assist riders with difficulties. Rest/water/food stops are available along the routes.

**65-mile** 8:00 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

**50-mile** 8:30 a.m. start. Unescorted. Course is very hilly and challenging with 2 break stops.

**30-mile** 9:30 a.m. Escorted. Course is very hilly and challenging with 2 break stops.

**20-mile** 10:00 a.m. Escorted. Course is hilly and challenging with 1 break stop.

**10-mile** 10:30 a.m. Escorted. Course is flat and easy. No break stops.

5-mile 11:00 a.m. Escorted. Course is flat and easy. Break stop at the 2.5-mile mark.

### Helmets are required for all riders.

Pledges will be accepted the day of the ride.

Register by August 31 to get your free 2012 Bike-A-Thon t-shirt & raffle entry.

T-shirts and other merchandise will be available for sale.

We encourage you to get sponsors for your ride. Riders who raise \$75 and \$175 or more will receive exclusive gifts.

Every dollar raised helps the Guide Dog Foundation place an assistance dog with a person with disabilities.

## New this year!

Create your own personalized fundraising page and get all your friends involved!

You can add your own message, photos, and videos, and set your own goal. And you'll be able to see at a glance how you're doing.

It's easy to do. Here's how:

Go to www.bike.GuideDog.org to register, and follow the instructions from there.

## Questions?

Please call us at 631-930-9000.
We'll be glad to help!





## Registration

#### Register online at www.bike.GuideDog.org

Register by August 31 to get your FREE event t-shirt and FREE raffle entry. (maximum of 2 shirts for a family registration)

1 tailic		
Address		
City	State	Zip
Phone		
	T-Shirt Size	
Ride Choice:   5-mile fun ride  30-mile		
Individual Registration	n (before Augu	st 17, 2012)
Family Registration (up to 2 adults and 2 children 2	stration (bef	ore August 17, 2012)
Total number of riders  (Please attach names, ages, and  □ Enclosed is my addi  Please make checks payab	2 t-shirt sizes tional gift o	f \$
for the Blind.  Total amount to be char		
Please charge my:  ☐ Visa ☐ MasterCar  Card No		
Signature		-

Mail payment & registration to Guide Dog Foundation Bike-A-Thon 371 East Jericho Turnpike, Smithtown, NY 11787